

The Impact of the PE and Sport Premium on Our Lady Catholic Primary School

PE has improved greatly at Our Lady School since having the PE and Sport Premium. We now have a fully qualified teacher who teaches PE across the school from Year 1 up to Year 6 for two hours plus a week. The children have access to high quality teaching in all four areas of PE: Games, Dance, Gymnastics and Swimming. The PE lessons are planned for each year group to ensure that they progress and learn skills appropriate to their age and ability. The decision to have one core teacher for PE enables children's progression through the key stages to be consistent.

The impact for the school devoting a specialist teacher to all PE is that all children move on to secondary school with a strong skill set in gymnastics and dance, game capabilities and National Curriculum level swimming. Our PE teacher is dedicated to sport and fitness, training in Tae Kwon Do and competing regularly at National and International competitions. She is currently a Gold medallist at the English Championships 2014 and 2015, overall British Champion in Sparring 2014 and 2015, three times Bronze Medallist at the ITF World Championships 2014, and European Silver Medallist in Sparring at the ITF European Championships 2013, European Bronze Medallist in Sparring 2015, European Champion at Special Technique 2015, and part of the overall winning female team at the European Championships 2015. We also have one strong PE Teaching Assistant, skilled in their own right in teaching PE.

Since having the PE and Sport Premium we have improved our method of assessment. We assess every child in the school individually in each sport that we teach. Each child is assessed either at the end of a unit – for example in dance during a final performance – or during each lesson when a new skill is taught and embedded. Documentation is kept and updated with each child's attainment throughout the year. These assessments are then passed on to their Secondary Schools enabling a smooth transition into Key Stage 3.

The Sport Premium money has enabled us to offer more sporting opportunities and hence, sport participation in clubs has increased since Autumn 2013. As a school we run clubs each day after school and at lunchtimes. Our aim is to have each child in the school attend at least one club throughout the year, especially our Key Stage 2 children. For the academic year of 2015 – 2016 we had a total of **87.7%** of children across the school attending an extra curricula sport club, the total percentage of **Juniors** was **94.5 %** the total percentage of **Infants** was **73.3%** We are aiming to have 90% of the school in a club by the end of 2016 - 2017 academic year.

The difference the PE and Sport Premium funding has had on the pupils is highly visible not only in the percentages attending clubs but also in their achievements. We had three teams make county finals in 2015/2016 Tennis, Hockey and Athletics. We also had children "head hunted" to play in the County Teams. Children have been spotted at different events for their skills and achievements. We have also encouraged children to participate in a range of "out of school clubs" through their recognition in school events. Children at Our Lady School make outstanding progress in PE. We have a wide and diverse PE curriculum giving the children lots of different experiences within PE and sport and making it part of their enjoyable, healthy lifestyle.

PE and Sport at Our Lady Catholic Primary School has been recognised this year through four separate awards. Firstly in November 2015 we were awarded the afPE award with Distinction. In December 2015 we were awarded the Hertfordshire Primary School of the Year Award for PE and School Sport. In January 2016 we were awarded the Comet Sport Awards Primary School of the Year and finally in July 2016 we achieved Gold Level in the Schools Games.