



OUR LADY CATHOLIC PRIMARY SCHOOL
The Diocese of Westminster Academy Trust A Catholic Academy
Old Hale Way, Hitchin, Herts, SG5 1XT

www.ourladys.herts.sch.uk
admin@ourladys.herts.sch.uk

Tel: 01462 622555

Head Teacher: Ciara Nicholson NPQH

Overnight Stay to Hudnall Park Outdoor Centre

Monday 23rd March – Tuesday 24th March 2020

- Day 1:** PACKED LUNCH REQUIRED FROM HOME
- 8.15am Assemble at Our Lady School (remember forms and medication)
- 8.30am Coach leaves Our Lady School for Hudnall Park
- 9.30am Course assembles at Hudnall Park.
Deposit luggage
Introduction to the Centre and safety procedures and refreshments
- 10.30am **Briefing for 3.5 mile walk in the Chilterns –
Children and staff will be transported to the start point at
Ivinghoe Beacon by minibus.**
During the walk activities will include, landscape observations,
field sketching, picnic lunch and environmental games.
- Lunch will be taken as a picnic at a convenient point.**
- 2.30pm **Return to the Centre via minibus relays**
- 3.00pm Refreshments
- 3.30pm **Group Development through Problem Solving/Team Building Games**
- 5.00pm Evening meal.
- Evening activities led by Our Lady School staff





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Day 2:

- 8.00am Breakfast
Clear all bedrooms
- 9.00am **Group 1: Mountain Biking**
Groups of comparable ability will be identified via an initial skills test. The tutor will then lead a mountain bike route appropriate to the skill level evident in the group. The main emphasis will be on developing confidence on a bike and for children to enjoy the bike ride in a safe manner.
- Group 2: Orienteering**
Time will be spent on introducing map skills – use of symbols, scale and orientation.
- Group 3: Art in the Environment**
Children design on paper a sculpture they will make out of natural materials in the wood.
- 10.30am **Group 1: Art in the Environment**
- Group 2: Mountain Biking**
- Group 3: Orienteering**
- 12.00 noon Lunch
- 12.30pm **Group 1: Orienteering**
- Group 2: Art in the Environment**
- Group 3: Mountain Biking**
- 2.00pm Prepare for departure
- 2.30pm Departure
- 3.30pm Arrive back to Our Lady's School

